



American
Red Cross

ANNA
blood donor



HOPE begins with you.

DeForest High School Blood Drive

North Gym

Tuesday, February 20, 2018
8:00 AM to 2:00 PM

Sponsored by National Honor Society

For an appointment call Colleen at (608) 842-6831

Individuals who are 17 years of age (16 with parental permission in IL, IA, MI and WI), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Eat a healthy meal and drink an extra 16 oz. of water and fluids before the donation.

redcrossblood.org | 1-800-RED CROSS | Download the Blood Donor App