



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# DISCOVER WHAT THEY CAN ACHIEVE

## DeForest Youth Track Program NORTHEAST YMCA

Offer your future track star an opportunity to learn the different events of track and field as they develop important skills. Athletes will participate in track meets and have an opportunity to improve each week with practices and coaching tips!

We believe that all kids deserve the opportunity to discover who they are and what they can achieve. The YMCA will introduce your child to our core values of Caring, Honesty, Respect and Responsibility through weekly discussions during their practices.

**APRIL 16-JUNE 2 | GRADES 1-6 | 6:00-7:15pm**

### DeForest High School Practice Dates

April 19, 23; May 3, 11, 17, 21, 29

### Track Meet Dates

May 5, 19; June 2 held at  
Cardinal Heights Upper Middle  
School, Sun Prairie

### State Track Meet

June 16

Facility Member           \$30

Program Member         \$60

T-shirt included in price

Northeast YMCA  
1470 Don Simon Drive  
Sun Prairie, WI 53590  
608 837 8221

**YMCA OF DANE COUNTY, INC.**  
[www.ymcadanecounty.org](http://www.ymcadanecounty.org)

#### NEW THIS YEAR!

#### SUMMER TRACK CLUB: YMCA BOLTS

Events include short and long distance running, hurdles, high jump, triple jump, long jump, discus and shot put. Starts June 4. More information on our web site!

Register online at  
[www.ymcadanecounty.org](http://www.ymcadanecounty.org)

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