

# OPEN GYM OF DEFOREST



## Schedule 2017-2018

Open Gym runs from  
**November 2, 2017**  
through  
**March 22, 2018**

on this day and time:  
**Thursdays**  
6:15 p.m. – 7:30 P.M.

at:  
**Holum Center Gym**  
520 E. Holum St.,  
DeForest, WI

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### No Open Gym

November 23, 2017

December 28, 2017

March 1, 2018

- We are closed when school is not in session, or closed due to inclement weather.
- If school has a delayed start due to weather conditions, Open Gym will follow its regular schedule.

A **FREE program** for **children (ages newborn through Kindergarten)** with a **parent or caregiver** to play and explore together during the winter months (November to March).

Open Gym of DeForest has a variety of toys and play equipment to ride, climb, jump and imagine in an environment where children are free to challenge and develop their own abilities— including activity centers, ride-on toys, and sports and fitness equipment—and to have fun interacting with other children.

Open Gym of DeForest provides an excellent opportunity for parents and caregivers to have fun interacting with their children and a resource to gain support from other parents and caregivers.

### Guidelines

- Program only for children ages newborn to Kindergarten (K).
- Parent/caregiver must supervise and is responsible for their child/ren.
- Shoes must be worn at all times.
- No food or drink in the main gym area.
- Allow your child to explore the limits of his/her abilities.
- Always remember to reward and give positive feedback with verbal statements and facial expressions.
- Enjoy this time with your child!

### How Can You Help

Open Gym of DeForest is a local organization run completely by volunteers.

When you arrive, please lend a hand by helping set up the toys.

When cleanup is announced, please help return toys to the storage area.

Consider to volunteer 1-2 times to monitor Open Gym.

When you pitch in, you make Open Gym a huge success!

### Contact

For questions on Open Gym or if you are interested in volunteering,

**Email:** [deforestopengym@hotmail.com](mailto:deforestopengym@hotmail.com)

For the most current information, visit our

**Website:** [deforestopengym.webs.com](http://deforestopengym.webs.com)

**Disclaimer:** This activity is organized and solely sponsored by a recognized parent or community organization in support of the DeForest Area School District and not by the school district itself. It is recognized that the intent of the activity is to ultimately support students and families served by the DeForest Area School District. Permission to distribute this material has been given by the district.