

# DeForest Area High School: Freshman Opportunities

There are a number of opportunities that are available for you as freshmen students in the DeForest Area High School. If you have any questions, please feel free to contact the coach/supervisor of that activity, a counselor, the office, or a high school teacher. They will be able to help you locate the current coach/supervisor of the activity.

Club/Organization	Description
Annual (Yearbook)	Yearbook is an actual class rather than a club. To become eligible as a yearbook staff member, you must complete an interview process with the advisor. As a yearbook staff member, you would be responsible for the pages you have been assigned. This includes: attending school & sporting events before or after school; interviewing advisors, coaches, students, etc.; & completing your page layouts in the classroom using the appropriate computer programs. You are also expected to meet all deadlines. Yearbook requires commitment & dedication of time, as well as maturity & the ability to manage your own time. In addition, you will be working with peers who are in authoritative positions as the editors of the yearbook. Please see the Yearbook teacher if you want more information.
Band	Band provides the opportunity to learn reading skills, performance skills and interpretive skills of music. Band members are not only able to attain a high degree of proficiency on their instruments but also an awareness of and appreciation for fine music. The bands perform concerts throughout the year of challenging quality music and provide music at some athletic events. Activities may include concerts, large group and state festivals and community events. All band members are welcome to attend the annual Band trip. Being a member of the Band will provide you with a great number of performance opportunities. If performing, Band members attend that athletic event for free. Band carries one full credit per semester.
Boys Cross Country	Cross-country is a fall sport that is open for all boys. The season begins mid-August and "runs" through October. Cross-country offers a great individual as well as team opportunity to train and compete from beginning running levels all the way through the state meet.
Boys Swimming	Boys' swimming is a winter sport. Practices might be in the morning and after school. Practices begin in November.
Boys Track	We have approximately 12-15 Meets a year. There are 18 events giving a variety of choices to all types of athletes who like to compete * & get into great physical condition. Please see the Boys Track teacher if you want more information.
Cheerleading	Cheerleading squads are chosen in the spring through tryouts. Cheerleaders perform at all football games and home basketball games. Competitions are also a part of the cheerleading experience.
Choir	Freshman Choir is open to everyone regardless of previous experience if they match pitch and a love to sing. Home concerts in our beautiful PAC help prepare students for a variety of musical experiences as upper classmen including: singing "The Star Spangled Banner" at home events (maybe even the Kohl Center). Holiday concerts in the State Capitol & Great Wolf Lodge & singing in cities like New York, San Francisco, New Orleans and Washington D.C. Come join us! It's free but for a \$3 robe fee! Please see the Choir teacher if you want more information.
Community Service	Optional: Students can earn 1.0-2.0 Points for approved "Service Learning" toward the 11 points needed for graduation (Students sign up to participate through clubs, organizations, sports, or class advisor. Students use a form to record and verify the time volunteered; students completing 75 hours of "approved" service learning can earn two points and 50 hours for one point.) Hours must be completed within the first 7 semesters of high school (unless approved by the high school administration). Please see a counselor for more information.

<b>DECA</b>	To Join: Fill out a registration form that you pick up from the DECA advisor. Major activities include numerous civic events, such as Trick or Treat for the Food Pantry, Dad & Daughter dance. Dues are \$15, but can be raised through the annual Bucky Book Fundraiser. We also have social activities that freshmen can participate in like our "Great America Fright Fest" trip in October. Please see the DECA teacher if you want more information.
<b>Drama Club</b>	Drama Club is open to all students interested in the performing arts. The club produces a number of plays throughout the year. Participation is available in many areas, such as directing, acting, makeup and stagecraft.
<b>FBLA</b>	FBLA stands for Future Business Leaders of America. Students interested in learning more about business careers and applications have many opportunities to participate in competitive events, social events, and community service projects.
<b>FFA</b>	FFA invites all students who enroll in Agriculture classes to participate. Activities include fieldtrips, skills competitions, recreation, public speaking, and leadership conferences. Dues are \$25 including a FFA T-shirt, FFA Banquet ticket & free class fieldtrips. Please see the FFA teacher if you want more information.
<b>Forensics</b>	Forensics is a competitive speech activity that includes 16 categories. Eight public speaking & eight interpretation/drama events. It participates in 8 various types of tournaments, including a home tournament that has 20 or more schools competing. Please see the Forensics teacher if you want more information.
<b>French Club</b>	French Club is an organization for student interested in learning more about French culture and language. Activities include homecoming, cultural events, and social events.
<b>Freshmen Baseball</b>	There is an organizational meeting in March. Freshmen had a 14 game schedule this past year. Dues & fees include athletic fee, equipment needed (glove, spikes). Please see the Freshmen Baseball coach if you want more information.
<b>Freshmen Boys Basketball</b>	We participate in 15-20 games per season. Freshmen Boy's basketball gives students the chance to perform & compete as a team, while learning philosophies of basketball. Please see the Freshmen boys Basketball teacher if you want more information.
<b>Freshmen Class Officer</b>	All students can vote for Class Officers. Those students who expressed interest in being a representative for student council are on one ballot If they want to be a class officer; they are on a separate ballot. I explained that they were two different things. The top four vote getters on the officer ballot were asked to choose what officer position they wanted. All Freshmen are encouraged to participate in homecoming activities that include float building, parade, skits, etc. Please see the Freshmen Class Advisor teacher if you want more information.
<b>Freshmen Football</b>	Freshmen football practice starts in early August. The team plays 7 games in the Badger conference. Sign up for football is at the end of their 8th grade year but students can still sign up any time after that. Freshman football develops teamwork, sportsmanship & a positive attitude. There is a fee associated with playing football. Student athletes must also have a physical & a code of conduct signed before participation. Please see the Freshmen Football teacher if you want more information.
<b>Freshmen Girls Basketball</b>	Girls Basketball season begins in November. Contact the Head Coach for summer league and training information.
<b>Freshmen Soccer</b>	The Freshmen soccer team participates in 10-12 games per season. Boys play in the fall & girls play in the spring. Soccer boots & shin guards are the only required equipment. Please see the Freshmen Soccer teacher if you want more information.

<b>Freshmen Softball</b>	Freshmen softball is a spring sport.
<b>Freshmen Wrestling</b>	Wrestling is offered in the winter sports season. Our wrestling program stresses teamwork, commitment, goal setting, & accountability. The activities include learning techniques & skills necessary to compete in competitions. Students will need to purchase their own wrestling shoes. Please see the Freshmen Wrestling teacher if you want more information.
<b>German Club</b>	Every German student is included in German Club. Major activities have included trips to the Elvehjem Museum of Art, the Museums of Science & Industry and Natural History, and the German Market in Chicago. In the past the annual fall fundraiser has raised enough money to pay for most of the expenses and provides senior scholarships for outstanding seniors. Please see the High School Musical teacher if you want more information.
<b>Girls Cross Country</b>	Spring (week before high school final exams). Sign up; also all current enrolled 8th grade girls will be mailed a level of interest card. Highlighted activities include: camping trip, Homecoming Relay, 10-12 races/competitions, & end of the year drop off. No Dues or fees outside of the athletic fee requirements. Please see the Girls Cross Country teacher if you want more information.
<b>Girls Swimming</b>	Girls' swimming is a fall sport. Practices start in August. See the swim coach for schedules and training information.
<b>Girls Track</b>	Sign up meeting is in February at the high school. 15-20 meets/competition. Great way to improve all sports related activities. Only fee is the school athletic fee. Please see the Girls Track teacher if you want more information.
<b>Golf</b>	Joins at Spring Meeting (Announcements). Dues/Fee are normal athletic fees. The requirement is having your own golf equipment. Teams: Range & course practice matches, Varsity, JV, Freshman. Please see the Golf teacher if you want more information.
<b>HERO</b>	FCCLA is a student organization to join through our Family & Consumer Education classes. Most students are involved in FCCLA while in the F/CE COOP program. FCCLA offers leadership activities as well as competitions in Culinary, Child Care, Interior Design, etc. Please see the FCCLA teacher if you want more information. .
<b>High School Musical</b>	The High School musical is a spring production every other year. It is a great opportunity for actors, singers, dancers, and instrumentalists to participate. Please see the German teacher if you want more information.
<b>High School Play</b>	Get involved in Drama Club if you would like to participate in the high school play. A musical is also produced on alternate years.
<b>Hockey</b>	Hockey is a winter sport. Tryouts and practices start in November.
<b>Jazz Band</b>	Jazz band is a select group of musicians who rehearse once or twice weekly outside of school time. The purpose of this group is two fold: to acquaint young musicians with another style of music which is quite challenging yet more personal; and to reward players who have attained a higher level of performance and seek a more individual expression of their talents. Jazz Ensemble members attend an overnight jazz festival at UW-Eau Claire.
<b>Link Crew Advisor</b>	Link Crew is a program designed to help freshmen transition to high school. Juniors & Seniors can apply to be a Link leader. Applications are available in the guidance office. Link Leaders attend a training day & freshmen orientation. They plan other events & contact freshmen throughout the year. Please see the Link Crew Advisor teacher if you want more information.

<b>Mock Trial</b>	Each year, DeForest High School students compete in the State Bar of Wisconsin's Mock Trial tournament. The competition develops critical thinking and public speaking skills while giving students real-life courtroom experience. Teams of 6-12 students prepare & argue a case before a panel of three Mock Trial judges, taken from a roster of actual judges & attorneys. DHS teams compete at the regional tournament against teams from other area high schools. Robert Ebbe, Attorney for Corneille Law, LLC & DHS Lawyer Coach, says that Mock Trial students often have more understanding of court procedures & legal rules as well as more trial experience than many first year law students. If you are interested in a challenging & exciting activity that requires the utmost in thinking, strategy, & teamwork, then Mock Trial is for YOU! An introductory meeting will be held at the end of October. Practices begin in November, running two or more nights per week until the tournament in February. Please see the Mock Trial teacher if you want more information.
<b>Newspaper</b>	Newspaper is an actual class, but to be eligible, you must complete an interview process with the advisor. As a student writer, you would be responsible for at least 3 articles per publication & meeting all your deadlines. <i>The Norski Chronicle</i> puts out about 8 issues in a school year. Newspaper requires maturity & the ability to manage your own time. It also includes working with peers who are in an authoritative position as the editors of <i>The Norski Chronicle</i> . Please see the Newspaper Class teacher if you want more information.
<b>Pom Pons</b>	Pom Pons is a group of student from all grades. They perform at all home football and basketball games as well as participate in competitions. Tryouts are held in March. Students that enjoy dancing and choreographed routines are encouraged to try out. The squad usually consists of about fifteen students. Practices are held everyday after school.
<b>SADD</b>	SADD is an organization called Students Against Destructive Decisions. Students participate in activities to raise awareness of the destructive nature of alcohol and other drugs. The mission of SADD is to provide students with the best prevention and intervention tools possible to deal with the issues of underage drinking, other drug use, impaired driving and other destructive decisions
<b>Spanish Club</b>	To be in Spanish Club all you have to do is show up to the meetings. We usually have our meetings Tuesdays after school 3:05 - 3:25 pm in room B103. We participate in homecoming with our float, the salsa contest, field trips to Pedro's & Ballet Folklovido, clothes/food drives, winter fest, hearts contest, wear a hat for St. Pats to help support Relay for Life, end of the year pizza party & more! Come join the fun! Please see a Spanish teacher if you want more information.
<b>Student Council</b>	Their classmates elect Student Council representatives. Elections are held in the spring. Announcements are made at both the middle school and high school prior to election time.
<b>Summer School Helpers</b>	The Student Assistant program is part of the DeForest Summer Academy. Students are matched with a classroom during summer academy and can earn 1/4 credit or 8 volunteer hours for their efforts. This is a great opportunity for students interested in a career in education. Sign-ups will be in March prior to summer academy. Please see the Summer School Helpers teacher if you want more information.
<b>Tennis</b>	Girls Tennis is an interscholastic sport that begins the second week of August & runs through the end of September. We have a Varsity & Junior varsity team & we encourage all skill levels to join - no previous experience is needed. There are no additional fees other than the Athletic Department fee although you do need your own racquet. Please see the Girls Tennis teacher if you want more information.
<b>Volleyball</b>	Volleyball is a fall sport for girls. Tryouts begin in August. Contact the Head Coach for summer training information and a tryout schedule.