

## Sex and Gender

Name \_\_\_\_\_

Hour \_\_\_ DL Location \_\_\_\_\_

If you were absent watch the program here:

<http://www.learner.org/discoveringpsychology/17/e17expand.html>



**The video examines the distinction between sex and gender, and explores some of the psychological effects of societal gender roles, from birth to adulthood.**

1. Which statement about gender is FALSE?
  - a. it refers to psychological and social meanings attached to male and female
  - b. it is subject to enormous cultural differences
  - c. it is innate more than it is learned
  - d. it defines the ways that males and females behave
  
2. Which set of adjectives best characterizes the feminine gender role in the United States? Mark with an "F"  
Which set of adjectives best characterizes the masculine gender in the U.S.? Mark with an "M"  
 a. gentle, emotional, dependent  
 b. creative, intelligent, attractive  
 c. aggressive, independent, dominant  
 d. industrious, nurturing, ambitious
  
3. Which best describes Dr. Sandra Bem's concept of androgyny?
  - a. the ability to take the perspective of the other person
  - b. a blend of masculinity and femininity that results in greater behavioral adaptiveness
  
4. Which difference between the ways in which boys and girls play seems linked to sex hormones?
  - a. girls play with dolls
  - b. boys engage in rough and tumble play
  - c. boys play in larger groups
  - d. girls build rooms; boys play in towers
  
- Michael Meaney:** "The relationship between hormonal changes and environmental events helps explain this pattern of gender behaviors. Male and female sex hormones cause different reactions in the brain, affecting the behavior of an individual, which in turn affects his or her experiences. From a very young age, a biological and psychological cycle develops and continues into adulthood."
  
- "The fact that the same gender patterns form universally throughout the animal kingdom suggests that certain psychological sex distinctions are innate. When certain behaviors are qualified within social contexts and given negative or positive attributes, they become stereotypes that can constrict or expand human possibilities and alter our world."
  
5. Michael Meaney attributes the differences in the behavior of males and females to the fact that these behaviors "feel good." The reason for this is that the behaviors:
  - a. increase hormone production
  - b. prepare the organism for its life tasks
  - c. stimulate certain brain regions
  - d. girls build rooms; boys play in towers
  
6. Which learned behavior in the masculine gender poses a health risk?
  - a. having recessive genes
  - b. drinking alcohol
  - c. being active in sports

7. According to Dr. Zimbardo, what is the source of the behavioral difference between the sexes regarding crying?

- a. it is an innate difference
- b. initial differences are reinforced by parents
- c. it is learned during the socialization process

8. What typically happens when a girl behaves in gender-inappropriate ways?

- a. she feels uncomfortable
- b. she is scolded
- c. boys inform her of her actions
- d. the behavior is usually ignored

9. According to Dr. Jeanne Block, the social-psychological contexts for boys and girls tend to be different. One such difference is that the context for girls tends to be more:

- a. home-centered
- b. achievement-oriented
- c. involved with the same-sex peers

10. What is one of the negative consequences of the masculine gender role? Mark with an "M"  
What is one of the negative consequences of the feminine gender role? Mark with an "F"

- a. it imposes limits on intellectual development
- b. it encourages risk-taking behaviors
- c. it provides for an active outdoor lifestyle
- d. it provides little sense of belonging

11. According to Eleanor Maccoby, at about what age do children begin to prefer same-sex playmates?

- a. 2 yrs.
- b. 3 yrs.
- c. 4 yrs.
- d. 5 yrs.

12. According to Maccoby, what do young children know about gender and gender differences?

- a. they never learn them until they reach adolescence
- b. after age 3 ½ to 4 they have a firmer idea of their gender
- c. they ignore them and continue to have social relationships with boys and girls
- d. they know that their parents teach them before they begin attending school

13. Boys and girls use language differently according to the gender roles that they learn through socialization. Which sentence would be more characteristic of girls' speech patterns than of boys'?

- a. "I can do it better than you can"
- b. "Do you want to come over to my house?"
- c. "Mr. Clark is the world's worst teacher."
- d. "Let's have a picnic."

14. As Prof. Zimbardo sums up the issues which of the following two statements about sex differences in psychological traits and abilities are best supported by the research?

- a. they are the result of differences in brain chemistry and organization
- b. they are arbitrary because they are the result of social learning