



## **Fall Registration still open:**

### **U4-U6 MICRO KICKERS (AGES 3-5 YEARS)**

Micro Kickers Soccer League offers new players an opportunity to be introduced to the game of soccer in a fun, engaging and non-threatening environment. Experienced coaches along with parent volunteer assistance will lead these newest athletes in exciting soccer related activities and games that create a positive first experience with sports as a whole and specifically the game of soccer.

- Held: Saturday mornings,
- Location: Windsor Sports Commons - Soccer Fields
- T-shirt included, no uniform ordering necessary
- What to bring/wear: Size 3 ball, bring water bottle and wear shin guards/t-shirt.

### **U7-U8 IN-HOUSE KICKERS (AGES 6 - 7 YEARS)**

NSC In-house Kickers Soccer League offers the younger players another option to participate in the game of soccer and further develop their soccer skills at an early age. A staff of well-trained, licensed and experienced coaches will implement the foundation of agility and mobility techniques that will carry over into conducting technical foot skills.

These trainings are designed to instill self-confidence and a passion for the game. Each week, staff coaches will plan and conduct each primary training session along with the help of parent volunteer assistant coaches. There will be 2-3 points of contact over 7 weeks in each session of Fall and Spring. Each session is laid out as follows:

- Primary Training Session (Tuesday evenings 5:00 - 6:15pm): Held on a weeknight conducted by NSC staff coaches with the assistance of parent volunteer coaches.

- Game Day (Saturday mornings 8:30am - 12:00pm): An In-house league schedule will be formulated where games will be played. Game format will include both 4v4 and 3v3.
- Secondary Training Session (\*\*Optional)(Thursday evenings 5:00 - 6:15pm): Parent volunteer coaches from Norski In-house program will meet up together (1) additional weeknight all at the same location as other In-house teams to work together if needed and implement the session from the primary training day or other soccer specific activities.

Parent volunteers are encouraged to help at this age to assist the children in social transitions.

- **Playing Days**
  - Primary Training Day = Tuesday evening (5:00 - 6:15pm),
  - Game Day = Saturday morning (8:30am – 12:00pm) and
  - **\*\*Optional Training Day = Thursday evenings(5:00 - 6:15pm)**
    - **\*\*Dependent on parent volunteer coach availability**
  - Duration: 1.25 hours training session and game day
    - Location: Windsor Sports Commons
    - Jersey included, no uniform ordering necessary
- What to bring/wear: bring soccer ball (size 3), water bottle and wear shin guards/jersey
- Game format will include both 4v4 and 3v3 with NO goalies.

To Register, visit our website:

**[www.Norskisoccerclub.org](http://www.Norskisoccerclub.org)**

Follow us on **Facebook** (Norski Soccer Club)  
or **email us at [norskisoccerclub@gmail.com](mailto:norskisoccerclub@gmail.com)**

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